

WELLNESSPARK BAD SCHANDAU

TREATMENTS
AND PROGRAMS

toskanaworld
health and happiness

ARRIVE FLOAT FEEL AT EASE

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A warm welcome to the Wellnesspark of the Toskana Therme
Our health is our most precious resource. Combining your stay with an individual treatment is a lasting investment in health and well-being. Relax body and mind, enjoy wonderful nature and take the time to find your own pace. With an individual treatment at our Wellnesspark you invest in your health and well-being, our team will be happy to advise you. Enjoy enchanting scents, pleasant touches and smooth textures. It often takes just a small impulse to achieve deep relaxation. We use our knowledge and skills to turn your wellness time into a special experience. The Wellnesspark team wishes you health and happiness.

TOSKANA
THERME
BAD SCHANDAU





WELLNESS PROGRAMS

WELLNESS AND BATHING

TOSKANA DAY

Breakfast with sparkling wine in "Il Ristorante", day ticket to the Toskana Therme, full body peeling and gentle massage with nourishing lotion, wellness plate with refreshing drink, feet and leg massage, tea or coffee with pastry

We are happy to provide you with bathrobes and towels.

SUN-FRI €155 | SAT €171

TOSKANA GREETING

Breakfast with sparkling wine in "Il Ristorante", day ticket for the Toskana Therme, wellness plate with refreshing drink, full body aromaticoil massage, tea or coffee with pastry

We are happy to provide you with bathrobes and towels.

SUN-FRI €110 | SAT €121

AFTER WORK RELAXING

Bookable Monday - Friday (except on holidays)

Three hours' admission to the Toskana Therme, wellness massage, small wellness plate with refreshing juice from our "Il Ristorante"

€55

REGIONAL CLASSICS

SAXON BATH HOUSE

The saxon bath house was developed for an immersive indulgence of Saxon Switzerland and inspires a feeling of royal bathing. Exclusive Toskana wellness in Jacuzzi with aromatic oils, soap bubble peeling, scented steam cabin, fruit cocktails and fruit salad.

Incl. 2 h access to bathing and sauna world
for 2 persons | 60 min

SUN-FRI €120 | SAT €132

WELLNESS PACKAGE

"Bath for all senses" in our exclusive double bathtub incl. glass of sparkling wine, care product for taking home, three-course menu with one small decanter of wine

Incl. 3 h access to bathing and sauna world
for 2 persons | 20 min

SUN-FRI €125 | SAT €137



WELLNESS FOR THE SENSES

WELLNESS - SPA FIND NATURAL MINERAL THERAPIE

SPA FIND - CELESTIAL STAMP MASSAGE

This mineral body treatment by SPA FIND with warm massage stamps utilizes the natural power of mud and salt from the Dead Sea. Minerals nourish the skin, muscles are loosened resulting in a feeling of deep relaxation. Incl. hand peeling, foot pad, mud pack

Choose from:

Salt stamp - relaxes the muscles, re-mineralizing

Mud stamp - effective against muscle pains, detoxifying

Full body | 75 min

SUN-FRI €96 | SAT €106

SPA FIND - RELAX

This soothing full body treatment nourishes the skin and relaxes aching muscles and joints. The full body peeling is followed by a warm wrap with mud from the Dead Sea and a inspiring head massage. Innovative massage techniques are a real treat for your muscles. Immediately benefit from a skin smooth as velvet by the power of the minerals

75 min

SUN-FRI €89 | SAT €98

SPA FIND - PURE

A treatment for the back that offers deep cleansing of the skin and relaxation by applying warm black mud

Peeling, massage, poultice

Incl. brief head massage | 45 min

SUN-FRI €65 | SAT €72

SPA FIND - DREAM TIME - INDULGING PROGRAM WITH ORGANIKS

A wonderful treatment that causes deep relaxation, soothes and eliminates stress. Pure organic cosmetic products: Gentle peeling of the back with Dead Sea-lavender salt and subsequent back massage followed by a relaxing facial with lavender oil serum and a face mask with lavender oil-gas cocoon which improves the skin texture and gives a smooth and tender feeling. This natural mineral therapy brings balance and relaxation. Perfect as an introductory treatment.

45 min

SUN-FRI €65 | SAT €72

SPA FIND ORGANIKS - Remineralizing essences from the Dead Sea combined with medical plants and pure essential oils.

LAVENDER DREAM

Soothing for body and soul.

Back treatment with SPA FIND Organiks lavender peeling with sea salt, massage and lavender body butter.

20 min

SUN-FRI €35 | SAT €39

MUSCLE RELAX

Natural therapy for relieving your muscles.

Back treatment with SPA FIND Organiks eucalyptus peeling with sea salt and massage with eucalyptus body butter.

20 min

SUN-FRI €35 | SAT €39



CEREMONIES

EAR CANDLE CEREMONY

The magic of energizing, warming fire is still alive in this centuries-old Indian ritual. Combined with the pleasant warmth of the ear candle, you experience an intensive, soothing relaxation. Ideal for people suffering from migraine, colds, insomnia or exhaustion.

Including face and head massage with lymphatic drainage | 40 min

SUN-FRI €50 | SAT €55

EAR CANDLE TREATMENT

20 min

SUN-FRI €36 | SAT €40

CHOCOLATE SENSATION

The connection between consuming chocolate and feeling good is easily explained: chocolate boosts serotonin in our brain. Serotonin – also called happiness hormone – has a relaxing and balancing effect, reduces stress, lifts the spirits and makes you happy.

Full body peeling and massage with the precious odor of warm chocolate | 75 min

SUN-FRI €85 | SAT €94

CHOCOLATE MASSAGE

45 min

SUN-FRI €54 | SAT €60



Foto: wela.de

AROMA RITUALS

AROMA RELAX

Mild aroma peeling and subsequent full body massage with delicate scents. Perfect if you are feeling stressed or worn out or just seek the sensation of well-being.

75 min

SUN-FRI €89 | SAT €98

ROYAL WELL-BEING

Wrapped in a fragrant fullbody lotion poultice for soft skin, we pamper you with a feet or face massage crowned by a subsequent full body effleurage or back massage. Choose the fragrance and the soothing effect at the start of your treatment.

45 min

SUN-FRI €69 | SAT €76

VELVET AND SILK

Use the power of the minerals for a smooth skin. Full body peeling with coconut oil and Dead Sea salt offer a natural skin peeling without causing irritations. Stimulates the lymph circulation and detoxifies the body. Full body effleurage with a body lotion that feels like velvet. Experience the power of the minerals.

45 min

SUN-FRI €65 | SAT €72

BEAUTY

LOVELY HANDS AND FEET

PARAFFIN BATH

Do your hands and feet feel rough and chapped? A nourishing poultice in a warm paraffin bath will let your skin become smooth and soft. The deep effect of the warmth that acts on the skin when you dive into the bath and that reacts on the skin while the paraffin is applied loosens the muscles, stimulates the blood circulation and eases pain resulting from rheumatism or joint diseases.

For hands and feet | 15 min each

SUN-FRI €20 | SAT €22

SPLENDID HANDS

Odorant hand bath, peeling, classic hand and nail care, poultice, hand massage, hand lotion

Choose from: paraffin bath or polish | 50 min

SUN-FRI €53 | SAT €58

BLESSED FEET

Soothing foot bath, peeling, classic feet and nail care, poultice and foot massage, foot lotion

Choose from: paraffin bath or polish | 50 min

SUN-FRI €53 | SAT €58

BLESSED FEET - MINI

Foot bath, classic feet and nail care, foot lotion

25 min

SUN-FRI €29 | SAT €32



COSMETICS - SPA FIND NATURAL MINERAL THERAPIE

Get inspired by natural mineral skin care, unique products, treatments and concepts with mineral mud and salt from the Dead Sea!

Re-mineralize with the power of the minerals - that has been the motto of Finders International for more than 30 years. Dr. Linus Pauling, winner of two Noble Prizes, states: "You can trace every sickness, every disease, and every ailment to a mineral deficiency." SPA FIND products contain natural, regenerating ingredients that tighten the skin. Prior to every facial, our customers benefit from a unique SPA FIND welcome back, neck and head massage. Feel completely at ease before receiving a mineralizing facial. Immediately benefit from a skin smooth as velvet by the power of the minerals.

SPA FIND - WELL-AGING FACIAL

This luxurious well-aging facial includes a unique peel-off mask with mud and sea weed from the Dead Sea. The treatment starts with a SPA FIND welcome massage followed by a facial for immediately visible effects.

80 min

SUN-FRI €85 | SAT €94

SPA FIND - FACIAL CARE

According to skin diagnosis at the beginning of treatment: **moisturizing facial**, perfect for sensitive and dry skin with well-aging essence an energizing mud mask **deep cleaning facial**, for a fine and clear skin with soothing essence and a stabilizing mud mask

each incl. cleaning, peeling
and relaxing SPA FIND massage | 50 min

SUN-FRI €58 | SAT €64

SPA FIND - SMALL FACIAL

Small facial with cleaning, tonic, peeling and nourishing mud mask matching your individual skin type. A small face massage cares for a refreshed and radiant skin.

25 min

SUN-FRI €35 | SAT €39

SPA FIND - PURE MASCULINITY

Pure care and full power! The ideal treatment for fitness and the resistibility of your skin as well as for an dynamic charisma.

50 min

SUN-FRI €58 | SAT €64

25 min

SUN-FRI €35 | SAT €39



COSMETICS - DR. HAUSCHKA

Certified organic and natural cosmetics.

Natural ingredients, selected medical plants, an original treatment concept and a central idea that inspires all of Dr. Hauschka's cosmetics and its concept: the skin has its own ability to regenerate and care for itself. Cosmetics are there to support it.

Cosmetic products by Dr. Hauschka strengthen the skin's own processes and guard it against external forces. Dr. Hauschka was awarded with the BDIH label "controlled natural cosmetics" and is joint-founder of the new standard for organic and natural cosmetics "NaTrue". Your Dr. Hauschka natural cosmetician welcomes you with an odorant footbath to all treatments. In relaxed lying position, you are now ready for a rhythmic flowing effleurage. Gentle movements with hands and brushes stimulate your lymph nodes. This cares for fluidity; the tissues are detoxified. After the treatment you will feel light and balanced - a liberating feeling!

CLASSIC TREATMENT

Treat yourself to a very special break: a relaxing foot bath, stroking arm and hand massages and scented pads that let you breathe deeply and serve as the perfect preparation for the subsequent facial cleaning and care with Dr. Hauschka cosmetics. Experience revitalization and regeneration with facial cleansing and care, masks for cleansing and care as well as an intensive treatment with ampoules. An additional lymph stimulation with fine brushes drains, purifies and strengthens the immune system. This classical treatment conveys a feeling of being in flow, of light, lightness and inner balance.

110 min

SUN-FRI €110 | SAT €121

REVITALIZING TREATMENT

This Dr. Hauschka treatment refreshes tired and strained skin. Relaxing foot bath, cleansing and strengthening, cleansing mask, lymph stimulation by brush, ampoules for skin treatment, mask for eyes, lips, and face; warm scented pads, finishing treatment

80 min

SUN-FRI €89 | SAT €98

ONE HOUR OF "ME TIME"

A facial fulfilling your individual needs.
A Dr. Hauschka treatment for people with high standards and little time.

Incl. comprehensive counseling with skin type analysis and product recommendations for continuing care at home, please calculate an extra 20 min | 60 min

SUN-FRI €70 | SAT €77

CLEANSING TREATMENT

An in-depth Dr. Hauschka treatment that clarifies and refines the skin. For a radiant complexion.

50 min

SUN-FRI €58 | SAT €64

RELAXATION TREATMENT

A facial with Dr. Hauschka cosmetics that ensures perfect relaxation - from head to toe.

Without deep cleansing | 50 min

SUN-FRI €58 | SAT €64



DEEP RELAXATION

WELLNESS-RELAX-BATHS

Baths are integral treatments. They soothe heart and circulatory system and also benefit the nerves. Warm water loosens the muscles and ensures a deeper breathing – the body is in his element, causing deep relaxation.

BATH FOR ALL SENSES

The combination of colored light, music and scent make this bath become an unforgettable experience!

For two | 20 min

SUN-FRI €52 | SAT €58

ITALIAN BATH

from the land of blooming lemons ...
bathing in the lovely fragrance of lemons, lavender or sage

20 min

SUN-FRI €27 | SAT €30

For two | 20 min

SUN-FRI €47 | SAT €52

MASSAGES

WELLNESS FOR TWO

Relaxation for two people in one room

HAPPY PEELING TOUR

A nurturing body peeling with sea salt prepares your skin for a subsequent full body massage with citrus oil

For 2 persons: 75 min

SUN-FRI €164 | SAT €181

HAPPY WELLNESS

A soothing "full body massage" loosens the muscles, relieves tensions and improves the general well-being. The classic head-to-toe treatment – with nourishing lotion.

For 2 persons: 45 min

SUN-FRI €110 | SAT €121

HAPPY FEET

An "Asian foot pressure point massage" dissolves energetic blockades by applying gentle pressure, activates the body's defenses and promotes self-healing.

For 2 persons: 45 min

SUN-FRI €110 | SAT €121



FEELING COMPLETELY AT EASE

FULL BODY PEELING "TOSKANA"

With fine grained sea salt and lemon oil for a supple skin.

20 min

SUN-FRI € 31 | SAT € 34

MUDPACK FOR THE BACK

Applying warm mud improves the blood circulation, has an anti-bacterial and anti-inflammatory effect, relaxes the muscles and can erase pain. Ideal for persons suffering from rheumatism and back pain.

20 min

SUN-FRI € 21 | SAT € 23

WELLNESS MASSAGE

A gentle, soothing effleurage applied to the entire back side of your body, with warm aromatic oil.

BACK MASSAGE

Back and shoulder massage - applied according to your individual needs

ENTSPANNENDE GESICHTSMASSAGE

One of the oldest ways of dissolving tension and treating first small wrinkles. Stimulates blood circulation and creates a beautiful complexion. Incl. neck and décolleté massage

FEET AND LEG MASSAGE

Feet and legs are relieved - step lightly after a challenging hike, loosens muscles

20 min each

SUN-FRI € 30 | SAT € 33

*HINT: Combine your peeling or mudpack with a massage. Peeling - the skin is more receptive for nourishing oils
Natural mud - loosens the muscles, a subsequent massage has an even stronger effect.*

FULL BODY MASSAGE

Loosens the muscles, relieves tensions and improves the general well-being. The classic head-to-toe treatment

FULL BODY MASSAGE WITH WARM OILS

Sensually flowing massage techniques and the soothing effect of warm aromatic oils. Calm down and relax from head to toe

INDIAN HEAD MASSAGE "TOSKANA"

Loosens tensions in the head, face, neck and shoulder area. Alternating strong and gentle massage techniques are applied while you sit and lie down - for harmony and well-being

ASIAN FOOT PRESSURE POINT MASSAGE

Dissolves energetic blockades by applying gentle pressure, activates the body's defenses and promotes self-healing.

45 min each

SUN-FRI € 55 | SAT € 61



LIQUID BODYWORK®

Bodywork in the warm water of the Liquid Sound® Temple

An exclusive individual session in the special atmosphere of the Liquid Sound® pool - a delightful and wonderful adventure. You will be carried on the hands of a bodyworker; floating weightlessly in the warm water, your body will be playfully moved, massaged, stretched, rocked, and cradled in a completely new way. You experience your own body on a more conscious level, tensions and stress will be dissolved. You will be competently and empathetically guided; our Aqua Wellness bodyworkers are trained at the Institute for Aqua Wellness in Bad Sulza. You will experience your session outside the official opening hours (8am - 10am) in the Liquid Sound® Temple. All Aqua Wellness sessions include admission to the Toskana Therme during the application and the preliminary conversation

AQUA WELLNESS - INDIVIDUAL SESSION

Individual session - you are at the center of the bodyworker's attention

approx. 1 h 30 min

SUN-FRI €119 | SAT €131

AQUA WELLNESS - SESSION FOR TWO

One bodyworker offers consecutive short sessions to two people booking together.

approx. 1 h 40 min

SUN-FRI €159 | SAT €175

TUSCAN DREAM

Two persons consecutively receive an unforgettably relaxing full body massage with foot reflexology

Incl. 2 h access to bathing and sauna world
for 2 persons | approx. 1 h 40 min

SUN-FRI €149 | SAT €164



ROADMAP TO WELLNESS

MAKING AN APPOINTMENT

We recommend booking your treatment 14 days prior to your arrival in order to get your desired time slot. The staff of our Wellness park reception will be glad to assist you. The Wellnesspark can be visited without a ticket to the Toskana Therme. You find our contact details on the back of this brochure.

CANCELLING AN APPOINTMENT

In the event that you cannot keep your appointment, we kindly ask you to cancel it in good time – other guests are glad to receive the vacant slot. We charge no fees for cancellations made up to 24 hours prior to the treatment. After that, we charge you with the full price for the booked treatment.

WELLNESS TIME

We kindly ask you to turn up for your treatment on time. Should you be late for your appointment, the time of the treatment will be reduced. We recommend signing in at the Wellnesspark reception 5–10 min. prior to the beginning of the treatment. After your treatment, we recommend taking a short rest. You will find refreshing water at our Wellnesspark reception desk.

CLOTHING

For the time of your treatment, we gladly provide you with bath towels – and if desired, also slippers and disposable briefs – free of charge. You can change your cloths in the treatment room.

IMPORTANT

Wellness treatments cannot replace medical treatments. Please inform us about medical conditions, allergies or pregnancy – possibly at the time you make your appointment. The more information we have, the better you will be pampered. It is our aim for you to have a perfect wellness time. Please inform your wellness worker about your desires at the beginning of the session: massage intensity, music volume, light and room temperature.

AREA OF TRANQUILITY – WELLNESSPARK

Shhhhh... In order to guarantee our guests a relaxing time of wellness, we kindly ask you to reduce all sound sources to a minimum. Please switch off your mobile phone. Children and adolescence under the age of 16 are welcome if they are accompanied by an adult.

PROLONGING YOUR WELLNESS FEELING

Fall under the spell of enchanting scents, sensual recipes and extraordinary and relaxing ceremonies. The exclusive wellness and care products offered in our shop will effectively prolong your wellness time. We are happy to advise you.

We work with renowned cosmetic suppliers:

SPA FIND
Dr. Hauschka

From the bottom of our hearts, we wish you health and happiness!

**Gifts that stir emotions
and inspire**

Available at all ticket offices
and reception desks of
Toskanaworld as well as in
our online shop.

P +49 (0)36461 92000
shop@toskanaworld.net
www.shop.toskanaworld.net

VOUCHERS FOR MAGICAL PLACES

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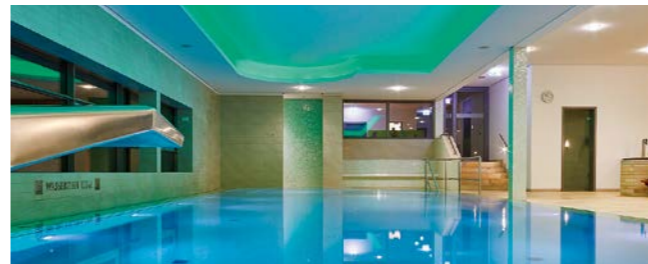
WELLNESSPARK TOSKANA THERME BAD ORB

Horststraße 1 | 63619 Bad Orb
P +49 (0)6052 9289950 | F +49 (0)6052 9289921
wellnesspark@toskana-therme.de



WELLNESSPARK TOSKANA THERME BAD SULZA

Wunderwaldstraße 2a | 99518 Bad Sulza
P +49 (0)36461 91820 | F +49 (0)36461 91822
wellnesspark@toskanaworld.net



WELLNESSPARK "ELBRESIDENZ" BAD SCHANDAU

Markt 1-11 | 01814 Bad Schandau
P +49 (0)35022 919840 | F +49 (0)35022 919710
wellnesspark@elbresidenz-bad-schandau.net



**Wellnesspark
Toscana Therme
Bad Schandau**

Rudolf-Sendig-Straße 8a
01814 Bad Schandau
P +49 (0)35022 54610
F +49 (0)35022 54611
wellspa@toskana-therme.de
www.toskanaworld.net

toskanaworld
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